

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: CNSW

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Blondeel Nathalie

Coaches: Collard Nicolas

Coaches: Gueret Aurore HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:2, starttime: 09:00
Heat: 2/5 Lane : 1 Athlete: XENOU VIRGINIA					Q-time: 01:06:77
PB (25m pool): 1:06.77 Mons 29 Jun 2024					PB (50m pool): 1:07.04 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.07		1:06.77	
	31.07		35.70		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:3, starttime: 09:10
Heat: 3/7 Lane : 1 Athlete: SFAR MEHDI					Q-time: 01:01:62
PB (25m pool):					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:4, starttime: 09:15
Heat: 4/7 Lane : 1 Athlete: MACHALE LIAM					Q-time: 01:00:73
PB (25m pool): 1:00.73 Leuven 24 Nov 2024					PB (50m pool): 1:03.23 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.21		1:00.73	
	29.21		31.52		
					

Coach feedback:

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Event number: 31: 100M BACKSTROKE MEN					Heat:7, starttime: 09:20
Heat: 7/7 Lane : 7 Athlete: GILET MATHIS					Q-time: 00:58:85
PB (25m pool): 58.16 Leuven 12 Nov 2022					PB (50m pool): 59.87 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.10		58.16	
	28.10		30.06		
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN					Heat:1, starttime: 09:20
Heat: 1/5 Lane : 6 Athlete: JANVIER ZOé					Q-time: 00:36:44
PB (25m pool): 35.54 Verviers 15 Feb 2015					PB (50m pool): 36.34 SB:
	2 5 M	5 0 M			
PB		35.54			
	35.54				
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN					Heat:2, starttime: 09:20
Heat: 2/5 Lane : 8 Athlete: SCHOEMANS STéPHANIE					Q-time: 00:35:51
PB (25m pool): 34.86 Mons 24 Mar 2018					PB (50m pool): 36.43 SB:
	2 5 M	5 0 M			
PB		34.86			
	34.86				
					

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:2, starttime: 09:40	
Heat: 2/4 Lane : 3 Athlete: MACHALE JULIA							Q-time: 02:20:40	
PB (25m pool): 2:20.40 Gent 11 Nov 2024			PB (50m pool): 2:25.52 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		33.10		1:08.39		1:44.87		2:20.40
	33.10		35.29		36.48		35.53	
								

Coach feedback:

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Event number: 34: 200M BACKSTROKE WOMEN							Heat:4, starttime: 09:45	
Heat: 4/4 Lane : 4 Athlete: GRIES LAURE							Q-time: 02:13:20	
PB (25m pool): 2:13.20 Gent 11 Nov 2024				PB (50m pool): 2:18.80 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.78		1:05.74		1:39.78		2:13.20
	31.78		33.96		34.4		33.42	
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN										Heat:4, starttime: 09:55	
Heat: 4/6 Lane : 8 Athlete: DEMAJ VALDRIM										Q-time: 00:25:86	
PB (25m pool): 25.86 Gent 11 Nov 2024										PB (50m pool): 26.23 SB:	
	2 5 M		5 0 M								
PB			25.86								
	25.86										
											

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN							Heat:5, starttime: 09:55	
Heat: 5/6 Lane : 2 Athlete: MORIAU THIBAUT							Q-time: 00:25:27	
PB (25m pool): 25.08 Sint Amandsberg 9 Nov 2019				PB (50m pool): 25.29 SB:				
	2 5 M		5 0 M					
PB			25.08					
	25.08							
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN							Heat:6, starttime: 09:55	
Heat: 6/6 Lane : 2 Athlete: DU BOIS DE VROYLANDE HAROLD							Q-time: 00:25:26	
PB (25m pool): 25.26 Gent 11 Nov 2024				PB (50m pool): 26.11 SB:				
	2 5 M		5 0 M					
PB			25.26					
	25.26							
								

Coach feedback:

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Event number: 37: 200M BREASTSTROKE MEN							Heat:2, starttime: 10:10	
Heat: 2/5 Lane : 4 Athlete: EVERSONAS JONAS							Q-time: 02:26:83	
PB (25m pool): 2:26.83 Gent 11 Nov 2024				PB (50m pool): 2:27.57 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		33.40		1:11.01		1:49.43		2:26.83
	33.40		37.61		38.42		37.40	
								

Coach feedback:

Event number: 39: 100M MEDLEY MEN							Heat:1, starttime: 10:35	
Heat: 1/9 Lane : 5 Athlete: SFAR MEHDI							Q-time: 01:02:56	
PB (25m pool):				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB								
								

Coach feedback:

Event number: 39: 100M MEDLEY MEN							Heat:7, starttime: 10:45	
Heat: 7/9 Lane : 2 Athlete: DU BOIS DE VROYLANDE HAROLD							Q-time: 00:58:74	
PB (25m pool): 58.74 Gent 11 Nov 2024				PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		26.86		58.74				
	26.86		31.88					
								

Coach feedback: